

Introduction to Palliative Care 2023 [PPH 4061CE]

University of Cape Town's (UCT) Division of Interdisciplinary Care and Medicine (IPCM) is running Palliative Care training for Healthcare and Counselling Professionals.

The Introduction to Palliative Care course, is a 10-week course presented on the UCT online platform (VULA). The course is aimed at healthcare and counselling professionals to equip them in assessing and managing patients, and their families, living with life-limiting and life-threatening illness, to improve their quality of life and support their families in providing care at home.

The course consists of 8 modules, each module requires 4-5 hours of teaching and learning. Each module is covered in a 1-week period. There will be a weekly online discussion, facilitated by a palliative care clinician, based on that week's topic.

Course content:

Module 1: Principles of Palliative Care

Module 2: Ethical Principles in Palliative Care

Module 3: Communication skills in Palliative Care; Breaking Bad News and Building Hope

Module 4: Pain Assessment and Management

Module 5: Symptom Management

Module 6: Psychosocial aspects of palliative care; family support

Module 7: Culture, Spirituality and Sexuality

Module 8: Teamwork, Care of the Caregiver and Resilience

Course content is presented using the following methods:

- 1) PowerPoint slides and online facilitation sessions
- 2) Essential reading – articles, book chapters or handout summary of core topics
- 3) Videos relating to core concepts
- 4) Communication skills tasks

Learning is assessed through MCQs and/or Extended Match Questions (EMQs), contribution to the discussion forums online and case presentations.

Follow this link for more information:

<http://www.ceuhealth.uct.ac.za/introduction-palliative-care>

Palliative Care Training

For Healthcare and
Counselling
professionals

10-week course
4-5hrs/week

Earn CPD points

Broaden your
palliative care skills

Course starting dates 2023

*23rd Jan, *6th Feb, *10th April,
*24th April, *26th June, *10th
July, *11th Sept, *25th Sept

For more information and to
register please contact
samantha.samie@uct.ac.za



Faculty of Health Sciences
Continuing Education Unit